

Courage & Renewal

"...If we are willing to embrace the challenge of becoming whole...we cannot embrace that challenge all alone, at least, not for long; we need trustworthy relationships to sustain us, tenacious communities of support, if we are to sustain the journey toward an undivided life."

—Parker J. Palmer



*Wholeness seemed elusive, a bit out of reach, until I participated in a **Circle of Trust®** retreat. Now, I am living more authentically from a place my soul hungered and longed for, but kept missing. That place is where I see my soul when given time and safety to listen deeply and attentively to my inner wisdom that place is my "hidden wholeness." Today, I live with greater confidence and courage, as I journey toward living an undivided life.*

Journey To Wholeness: A Courage & Renewal® Program in Newfoundland

May 25-27, 2018

Presentation Sisters Retreat House
47 Parsonage Drive, St. John's, NL

Dan Hines hosts this [Circles of Trust®](#) experience based on the work of author Parker J. Palmer and the Center for Courage & Renewal.

In this program, you will explore issues of transition, vocation, passion, life purpose, meaning, direction, and underlying life patterns to live in greater alignment with your deepest values. You will be invited to listen to your own inner wisdom, and to reconnect who you are with what you do.

The program provides a safe and sheltered space to slow down and nurture personal and professional integrity, and the courage to act. Guided by core principles and practices, which include the knowledge that everyone has an inner teacher, an inner source of truth, this multi-day experience engages contemplative practices to support personal and societal development.

Listening to your inner voice, the program offers time to reflect individually and in small groups, share stories, laughter, music, and video, and gain insights from journaling, poetry, and from various wisdom traditions.

The Process: Together, we will engage in large and small group conversations focused on evocative texts and questions, experience silence, solitude and journaling for reflection, and tell stories from our own lives and work, thereby creating a shared process of exploring the intersection of our inner passion, courage and sense of purpose that gives meaning to our life and work in the world. You will also have an opportunity to participate in a **Clearness Committee**, a Quaker discernment practice designed to help individuals hear their own inner wisdom while drawing on the wisdom of others.



RETREAT FACILITATOR

Dan Hines Mentored by activist and writer Parker J. Palmer, Dan serves as a Courage & Renewal facilitator and leadership consultant for individuals and for business, educational, and religious organizations. As co-founder of the intentional community, RareBirds Housing Co-operative, he has a passion for exploring alternative living, innovative housing, and a more sustainable relationship to the land. Dan is an Anglican priest and ran for office in the 2017 BC election. He currently serves as the Forestry Spokesperson for the BC Green Party and as the Interior BC representative on the party's Provincial Council. www.danhines.ca dan@danhines.ca

WHEN: Friday, May 25, 2018 at 6:30 pm until Sunday, May 27 at noon.

The workshop begins Friday May 25 at 6:30 pm.

We will gather next on Saturday from 8:30 am until 5:30 pm.

And then finally on Sunday from 8:30 am until noon.



WHERE: Presentation Sisters Retreat House,
47 Parsonage Drive, St. John's, NL

COST: \$225.00 includes program fee and Sat. lunch (A few scholarships exist for this program)

Please contact Dan with requests for information about scholarships and for dietary requirement dan@danhines.ca

REGISTERING FOR THIS RETREAT:

<https://www.eventbrite.ca/e/journey-to-wholeness-a-courage-renewal-workshop-in-newfoundland-registration-43280628525>

Registration deadline: May 21, 2018

Questions? Contact Dan via email at dan@danhines.ca or by phone (250) 320-7479.
Learn more about the Center for Courage & Renewal at www.CourageRenewal.org